

# 3 Länder Laufcup 2018 - Länderwertung

## Frauen

Platz	Name	Vorname	JG	Verein	Land	Klasse	Brühl	Viernheim	Grünstadt	Rot	Gesamt
1	Bodirsky	Birgit	1970	TSV 05 Rot	BW	W40	0:41:44		0:43:54	0:41:43	2:07:21
2	Dobmeier	Luise	1988	TSV 05 Rot	BW	W30	0:42:51		0:45:08	0:41:57	2:09:56
3	Seemann	Andrea	1976	TSV 05 Rot	BW	W40	0:46:53		0:46:38	0:43:30	2:17:01
4	Schout	Stefanie	1987	TSG 78 Heidelberg	BW	W30	0:47:31	0:46:05		0:47:34	2:21:10
5	Fleischer	Katrin	1964	SV 98/07 Seckenheim	BW	W50	0:48:53	0:47:03		0:47:10	2:23:06
6	Richter	Swantje	1981		BW	W30	0:48:23	0:51:43	0:52:04	0:47:52	2:27:58
7	Scholl	Anette-Judith	1961	TSV 05 Rot	BW	W50	0:50:46	0:48:33		0:49:11	2:28:30
8	Engelhardt	Lisa	1989		BW	W20	0:56:17	0:50:32	0:51:36	0:50:36	2:32:44
9	Hellmich	Ann-Margrit	1978	ASG Triathlon Hockenheim	BW	W40	0:50:49	0:49:26	0:54:29		2:34:44
10	Tokpetova	Kopej	1953	DJK Käfertal-Waldhof Mannheim	BW	W60	0:52:43	0:51:00		0:51:43	2:35:26
11	Heymann	Katja	1970	KSV 1884 Mannheim	BW	W40	0:52:36	0:52:46		0:53:42	2:39:04
12	Wiedl	Andrea	1964	da Vinci	BW	W50	0:55:15	0:54:42		0:51:12	2:41:09
13	Grabler	Petra	1957	TV Rheinau	BW	W60	0:54:04		0:59:40	0:53:58	2:47:42
14	Izydorczyk	Anne	1982		BW	W30	1:05:43	1:02:12	1:03:13		3:11:08
15	Sperling	Daniela	1973	Team Erdinger Alkoholfrei	BW	W40	1:01:02	0:58:30	1:12:32		3:12:04
1	Gieser	Leonie	1994	TV Neu Isenburg	HE	W20	0:39:16	0:39:22	0:40:47	0:39:49	1:58:27
2	Gieser	Laura	1994	LCO Lorsch	HE	W20	0:44:55	0:42:25	0:46:00	0:44:21	2:11:41
3	Brooks	Jaqueline	1967	LT Lorsch	HE	W50	0:50:58	0:00:00	0:53:34	0:49:25	2:33:57
4	Davidowicz	Petra	1958	LT Hemsbach	HE	W60	0:53:31	0:51:25	0:54:30	1:00:28	2:39:26
5	Schäfer	Petra	1965		HE	W50	0:55:59	0:55:24		0:57:08	2:48:31
6	Studer-Wolf	Daniela	1977	Viernheimer Laufftreff	HE	W40	1:08:41	1:03:22		1:07:35	3:19:38
1	Matheis	Josefa	1966	TSG Eisenberg	PF	W50	0:41:20	0:40:25	0:40:46		2:02:31
2	Deiß	Sonja	1978	LC Bad Dürkheim	PF	W40		0:43:37	0:45:38	0:45:10	2:14:25
3	Eisenbart	Astrid	1975	TSG Eisenberg	PF	W40	0:46:54	0:45:49		0:45:29	2:18:12
4	Wittmann	Tanja	1969	TSG Maxdorf / United Runners of Pfalz	PF	W40	0:47:57	0:46:56	0:49:04		2:23:57
5	Rösel	Beatrix	1967	TSG Eisenberg	PF	W50	0:53:30	0:53:22		0:53:43	2:40:35
6	Schmähl	Corinna	1969	Ludwigshafener Lauf-Club	PF	W40	0:56:05	0:53:39	0:55:47		2:45:31
7	Yoshinaga	Misaki	1984		PF	W30		0:52:24	1:09:23	0:56:46	2:58:33
8	BeckPapadopoulos	Rosemarie	1966	Ludwigshafener Lauf-Club	PF	W50	1:00:23	0:57:12	1:14:08		3:11:43

## Männer

Platz	Name	Vorname	JG	Verein	Land	Klasse	Brühl	Viernheim	Grünstadt	Rot	Gesamt
1	Uster	Jonas	1997	LG Odenwald	BW	M20	0:34:47	0:34:09	0:36:01	0:34:29	1:43:25
2	Imbsweiler	Marcus	1967	TSG 78 Heidelberg	BW	M50	0:34:46	0:35:06		0:34:14	1:44:06
3	Bodirsky	Armin	1969	TSV 05 Rot	BW	M40	0:36:13		0:37:43	0:36:54	1:50:50
4	Brocki	Robert	1980	TSG Maxdorf	BW	M30	0:37:57	0:38:07		0:37:42	1:53:46
5	Schefzek	Philipp	1981	TSG 78 Heidelberg	BW	M30	0:40:15	0:37:43		0:36:25	1:54:23
6	Teufel	Klaus	1968	TV Dielheim	BW	M50	0:39:07	0:39:22	0:41:37	0:39:43	1:58:12
7	Schmittnägel	Michael	1969	TSV 05 Rot	BW	M40	0:44:15	0:39:06	0:40:14		2:03:35
8	Dyrba	Tobias	1983	Die Golfplatzschnecken	BW	M30	0:40:30	0:41:20	0:43:43		2:05:33
9	Abilio	Gomes	1968		BW	M50	0:44:03	0:42:35	0:47:55	0:45:55	2:12:34
10	Koch	Stefan	1955	Heidelberger TV	BW	M60	0:45:02	0:44:15	0:48:02	0:47:09	2:16:26
11	da Silva	Lino	1968		BW	M50	0:43:59		0:47:56	0:45:55	2:17:50
12	Müller	Heiko	1969	Mannheim	BW	M40	0:47:52	0:46:05	0:47:02	0:45:12	2:18:19
13	Allmendinger	Fabian	1987		BW	M30	0:47:24	0:46:05	0:48:13		2:21:42
14	Junges	Michael	1972	Die Golfplatzschnecken	BW	M40	0:47:16		0:47:23	0:47:31	2:22:10
15	Hotz	Christian	1991	Mobility Coach Chris	BW	M20	0:49:33	0:44:48	0:47:59		2:22:20
16	Hohm-Scholl	Ottmar	1955	SG Schoeps	BW	M60	0:50:47	0:48:25		0:47:37	2:26:49
17	Farrenkopf	Marc	1980	DJK Mannheim-Vogelstang	BW	M30	0:50:39	0:48:40		0:48:49	2:28:08
18	Medeuov	Talgat	1968	Sinsheim	BW	M50	0:49:30	0:49:24	0:50:33	0:49:50	2:28:44
19	Grötzinger	Frank	1960	KSV 1884 Mannheim	BW	M50	0:52:01	0:49:36		0:52:12	2:33:49
20	Rudolf	Michael	1982	Buwe	BW	M30	0:54:22	0:51:50		0:49:46	2:35:58
21	Krüger	John	1969		BW	M40	0:52:50	0:51:58	0:55:01	0:51:22	2:36:10
22	Kunz	Frank	1967	TV Rheinau 1893	BW	M50	0:54:51		0:54:04	0:51:50	2:40:45
23	Deuster	Roman	1966	Dichte Dusche Mannheim	BW	M50	0:56:03	0:55:54	0:58:24	0:55:58	2:47:55
24	Benz	Manfred	1950	TSC Angelbachtal	BW	M60	0:57:20	1:02:29	0:59:46	0:55:58	2:53:04
25	Zeh	Rainer	1957	Marathon-Team Ketsch	BW	M60	0:58:20	0:57:08		1:00:06	2:55:34
26	Wohlfarth	Christoph	1959		BW	M50	1:00:02	1:00:18	1:10:30		3:10:50
27	Weis	Roland	1959	TSC Angelbachtal	BW	M50	0:59:53	1:06:13	1:15:31		3:21:37
1	Schäfer	Andreas	1967	VfL Bensheim	HE	M50	0:41:03	0:40:36		0:41:36	2:03:15
2	Wochnik	Florian	1966		HE	M50	0:49:54	0:45:40	0:47:01		2:22:35
3	Lehnert	Ryszard	1968		HE	M50	0:48:17	0:47:36	0:52:23	0:47:46	2:23:39
4	Mayer	Thorsten	1971	NOSTA Group - Logistics to the point	HE	M40	0:50:24	0:48:27	0:53:15		2:32:06
5	Hetzel	Uwe	1962	Team rnv	HE	M50	0:54:46	0:55:49		0:53:05	2:43:40
6	Mink	Gerhard	1953	LT-HP-Hambach	HE	M60	1:22:47	1:15:11		1:19:21	3:57:19

1	Nies	Lennart	1986	TC Mutterstadt	PF	M30	0:34:50	0:34:16	0:36:44	0:34:55	1:44:01
2	Hippler	Andreas	1970	United Runners of Pfalz	PF	M40	0:00:00	0:39:05	0:40:10	0:38:05	1:57:20
3	Schärer	Udo	1974	United Runners of Pfalz	PF	M40	0:40:08	0:39:45		0:42:03	2:01:56
4	Erlewein	Tom	1969	Die Golfplatzschnecken	PF	M40	0:43:18		0:43:52	0:41:19	2:08:29
5	Matheis	Ralf	1965	TSG Eisenberg	PF	M50	0:45:40	0:43:01	0:48:14		2:16:55
6	Eichert	Ulrich	1959	Team rnv	PF	M50	0:47:34	0:46:41	0:47:26		2:21:41
7	Jeck	Martin	1984	Ludwigshafener Lauf-Club	PF	M30	0:45:39	0:50:30	0:48:08		2:24:17
8	Arnold	Volker	1969	SG Stern Mannheim	PF	M40	0:49:10	0:47:37		0:50:07	2:26:54
9	Nebel	Michael	1978	PIH Frankenthal	PF	M40	0:52:59	0:49:48	0:50:31	0:50:37	2:30:56
10	Gündling	Harald	1970		PF	M40		0:51:18	0:52:19	0:48:25	2:32:02
11	Saal	Julian	1999	Ludwigshafener Lauf-Club	PF	M19	0:52:12	0:52:11	1:00:07		2:44:30
12	Barke	Derek	1975	Ludwigshafener Lauf-Club	PF	M40	0:55:39	0:59:15	1:14:36		3:09:30